

- 1) To attend graduate school and obtain a master's degree in Physician Assistant Studies
  - a. Continue gaining volunteer hours at Dell Children's Medical center each week
  - b. Gain more shadowing experience by contacting doctors and physician assistants I have shadowed in the past
    - i) Ask them if I can shadow them again
    - ii) Get to know a PA that I can possibly use as a reference
  - c. Join the pre-PA society at UT and become an active member
  - d. Maintain a GPA above 3.5 by keeping up in all classes and studying
  - e. Prepare for the GRE
    - i) Continue my Kaplan GRE prep course and be prepared for each class
    - ii) Study on my own time for at least two hours each week
    - iii) Purchase the GRE vocabulary flashcards and study them
  - f. Take the GRE in April
  - g. If I don't make an acceptable score on the GRE:
    - i) Purchase the study guide book and study on my own
    - ii) Contact friends who have taken the GRE and ask for their help
  - h. Retake the GRE in June
  - i. Research different programs
    - i) Determine the deadlines for supplemental applications
    - ii) Make sure I have completed all pre-requisites
    - iii) Examine what they are looking for in applications
  - j. Prepare for the CASPA application
    - i) Line up references who will give me a positive image
      - (1) Contact my physiology professor, a surgeon and a PA I have shadowed
    - ii) Request copies of my transcripts from UT and ACC
    - iii) Prepare a rough draft of my personal statement and work on it each week
    - iv) Read through all of CASPA's requirements and tips
  - k. Create a CASPA account on April 17<sup>th</sup>, when it opens
  - l. Complete my CASPA application and submit it by June to the following programs:
    - i) Baylor College of Medicine, Texas Tech University Health Sciences Center, University of North Texas Health Science Center, University of Texas San Antonio Health Science Center, University of Texas Medical Branch, UT Southwestern Medical Center, University of Alabama Birmingham School of Health Professions
  - m. Submit all supplemental applications to those programs by their deadlines
  - n. Graduate from UT with a Bachelor of Science in Human Development and Family Sciences in December 2013
  - o. If I am given an interview from any program:
    - i) Purchase business professional clothes for the interview
    - ii) Practice interviewing with my dad and get tips from him
    - iii) Use the Career Design Center at UT for a mock interview
    - iv) Review materials from my HDF 340 class about interview skills
  - p. If I am not accepted into a PA program:
    - i) Contact the schools, find out why I wasn't accepted, and use this information to prepare to apply again
    - ii) Gain more health care experience by applying to become a hospital scribe
    - iii) Complete the training to become a scribe

- q. If I am accepted into programs, choose the program that fits me best based on the quality of education, location, staff, resources, and personal preferences
  - r. Speak with my parents to make sure they are still willing to pay for my tuition for the program
  - s. When entering the program, I will become familiar with my teachers and peers to ensure positive relationships with them
  - t. In the first year of study I will complete all of my coursework, working hard enough to maintain a GPA of at least 3.5
  - u. In the second year, I will participate in clinical rotations in different areas of medicine
  - v. Depending on the program I am in, I will most likely complete a graduate project at the end of my second year
  - w. Graduate from the PA program and obtain a master's degree in Physician Assistant Studies
- 2) To become a licensed Physician Assistant and get a job at an exceptional hospital
- a. Study for the Physician Assistants National Certifying Examination (PANCE)
  - b. Pass the PANCE and become a licensed Physician Assistant
  - c. Search for available positions in hospitals or clinics with location in mind
  - d. Apply for positions in my areas of interest and that appeal to me
  - e. If I am hired, make a great first impression by working hard and being open to learn
  - f. Maintain positive relationships with patients by paying special attention to detail
  - g. Expand my medical knowledge continuously by keeping up to date on new medical technology and discoveries
  - h. Use my medical knowledge and expertise to improve the quality of health care